

QUIZ INSTRUCTIONS:

Complete the form online and click the SAVE button at the end of the quiz. Save the pdf to your computer. Email the pdf as an attachment to **ceu@thesupplycenter.com**. To fax or mail your answers, print the form after you have entered your responses.

The Supply Center
21301 Van Owen Street, Suite D
Canoga Park, CA 91303
818-710-6855 (fax)

QUIZ: Writing an Insurance Company Progress Report

Name: _____ Date: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____

CA Acupuncture Board License Number: _____

National Acupuncture Board License Number: _____

Credit Required? CA CEU NCCAOM

COURSE FEE: \$30.00

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All questions must be answered in order to receive credit.

Questions: Writing an Insurance Company Progress Report

1. The insurance company policy usually reimburses treatment if the treatment is medically necessary.
 - A. True
 - B. False

2. The term Maximum Medical Improvement (MMI) is used to describe the patient's condition which both subjectively and objectively reaches a plateau.
 - A. True
 - B. False

3. Insurance companies usually pay for maintenance care.
 - A. True
 - B. False

4. When a patient's condition has reached a point of maximum improvement but is not at the level, both subjective and objective, as before the onset, the term pre-injury status is used to describe this.
 - A. True
 - B. False

5. When receiving a request for records, you should send in the original records and keep a copy for yourself to prove the work was really done.
 - A. True
 - B. False

6. When the insurance company request records of the care provided, which of the following should you send?
- I. Copy of the initial history of the condition
 - II. Copy of the initial examination forms
 - III. Copy of daily progress notes showing the subjective and objectives
 - IV. Copy of any diagnostic tests including lab, x-ray, etc.
 - V. A progress report showing a summary of the care you have provided and the patients response.
 - VI. The bill to date for the care provided
 - VII. A bill for the progress report.
- A. I, II, III, IV only
 - B. I only
 - C. III, IV, V only
 - D. I and II only
 - E. II and III only
 - F. I, II, III, IV, V, VI, VII
7. Which of the following is not an objective finding?
- A. How the condition began
 - B. Palpation of the area
 - C. Active and passive range of motion
 - D. Straight leg raise
 - E. Laboratory tests
8. Which is subjective?
- A. Cranial nerve examination
 - B. Sensation to light touch
 - C. Reflexes
 - D. What makes the condition better or worse

9. Which of the following is used to arrive at a diagnosis?
- I. The chief complaint
 - II. The subjective as reported by the patient.
 - III. The objective findings of the doctor.
 - IV. The laboratory tests.
 - V. The radiological findings in x-ray, MRI, or Ultrasound.
- A. I and II only
 - B. II and III only
 - C. II, III, IV and V only
 - D. I, II, III, IV, V

Review the attached sample progress report and answer questions 10-13. This is an actual case but the identifying information has been changed.

10. In the report, which parts of the history are missing?
- I. The date of onset and how it happened.
 - II. What makes it better.
 - III. What makes it worse.
 - IV. Description of what is the sensation of the pain.
 - V. If and where the pain travels.
 - VI. Does the pain change with the patient's location or activity during the day.
 - VII. Does the pain change with the time of day.
- A. I, II, III, IV, V, VI
 - B. II, III, IV, V, VI, VII
 - C. III, IV, V, VI, VII
 - D. IV, V, VI, VII

11. In the report, which parts of the examination are missing?
- I. Inspection of the neck for spasm or curvature.
 - II. Palpation for muscle spasms of the area.
 - III. Percussion of the neck for pain.
 - IV. Active, passive and resisted range of motion.
 - V. Orthopedic tests like Spurling's, Shoulder compression, Neck Traction
 - VI. Neurological evaluation consisting of light touch, sharp dull and temperature for the upper extremities
- A. I, II, III, IV
 - B. II, III, IV, VI
 - C. I, II, III, IV
 - D. I, III, IV, V, VI
 - E. I, II, IV, V, VI
12. Was a comparison between the initial visit and the current visit described in this report?
- A. Yes
 - B. No
13. Additional background information: Upon review of the chart notes, the patient was treated 40 times in 1998, 24 times in 1999 and 4 times from January to March 2000. The progress notes do not show any change in the muscle tenderness but slight changes to the tongue and pulse. If you were reviewing this case, would you authorize additional care?
- A. Yes
 - B. No

State why or why not below.

Date: March 1, 2000

To:

Patient: Jane Anderson

Claim: 3218J

DOI: January 1, 1998

History:

The patient was seen in my office for complaints of neck pain. She said it hurts a lot. The patient doesn't remember when it happened but it just started sometime in January when she got out of bed.

Examination:

Tongue was red and had a thick yellow coat and was swollen.

Pulse was weak and thready.

There was pain with palpation of the muscles on the neck and upper back. The neck motion was limited. It was hot to the touch.

Assessment:

Bi syndrome of the neck with QI defiance and heat.

Treatment:

The patient has been seen for acupuncture with massage from January 5, 1998 until March 1, 2000. She still has neck pain occasionally and needs a treatment one time per month which makes her feel better for four weeks.

Sincerely,

Dr. Soo Wonderful

Dr. Soo Wonderful